

Join Us!

Mail in your registration or bring it in with your pledges and contributions on the day of the race.

Minimum Entry Fee/Pledge: \$25.00 (Received by November 30th)

Please make check payable to:

Roman Runners Miles for Meals

To REGISTER BY MAIL

Mail your registration and check made payable to Roman Runners Miles for Meals to:
Roman Runners Miles for Meals Cindy Reynolds, President
1101 North George Street, Rome, NY 13440

5K RUN & 1 MILE WALK AT ROME FAMILY Y

REGISTRATION	7:30-8:45 AM
RUN STARTS	9:00 AM
WALK STARTS	9:05 AM
BREAKFAST	10:00-NOON

POST-RACE PANCAKE BREAKFAST
FREE WITH REGISTRATION
PURCHASE TICKETS FOR \$5.00

For Information Contact...
Oneida County Office for Aging

Race Information...

Mike Romano Phone: 315-798-5456 Fax: 315-798-6444
e-mail: mromano@ocgov.net

Cindy Reynolds Phone: 315-337-0753

ROMAN RUNNERS & ROME FAMILY Y

15th Annual Miles for Meals 5K Jingle Bell Run & 1 Mile Walk

Saturday December 3, 2011

ROME FAMILY Y
301 W. Bloomfield Street
Rome, NY 13440



